

Welcome to the **2017 HealthQuest Rewards Program**, in partnership with Cerner, which is created to help you improve and maintain your health through personalized programs and evaluations. This year, there are a few exciting enhancements to the program, including:

- · Access to a new, user-friendly wellness portal
- Access to a new Health Coaching Program
- Spouses enrolled in the State Employee Plan (SEHP) now have the opportunity to participate in the HealthQuest Rewards Program for a financial incentive

We encourage you to sign up today and take advantage of the numerous resources and programs offered.\* Please be sure to contact us if you have any questions.

## How To Create Your Account:

- Please log on to your new HealthQuest wellness portal at https://KansasHealthQuest.CernerWellness.com
- **2.** Select "Click here to sign up" to create your HealthQuest wellness portal account.
- **3.** Answer all registration questions and use the following "Member Number" criteria:

## State of Kansas Employees:

Enter: 11 digit Employee ID followed by EE

Your employee ID is a letter followed by 10 numbers. For example your member ID would be A1234567890EE.

## Spouses:

(enrolled in a State Employee Health Plan (SEHP))

Enter: Your Spouse's

11 digit Employee ID followed by SP

The employee ID is a letter followed by 10 numbers. For example your spouse member ID would be A1234567890SP.

Review and accept Terms of Use and Privacy Policy. Select "Next."

**4.** Select "Dashboard" in the upper right corner of the screen to go to your home page.

Complete the following steps:

- **Step 1.** Select "Step 1" on your dashboard to complete your **Required** Health Assessment.
- **Step 2.** Select "Step 2" on your dashboard to schedule your Optional Biometric Screening.
- **Step 3.** Select "Step 3" on your dashboard to schedule an Optional Health Coaching appointment.

Please continue to track your completed wellness activities in your HealthQuest wellness portal through December 31, 2017 to receive your full premium reduction (November 9, 2017 for Plan C HRA/HSA contributions).

\*Please note: It may take 2-3 weeks for new member information to be entered into the system.



## **HealthQuest Rewards Program Details**

You will have 12 months from the date that your benefits become effective to complete the **required** Health Assessment and earn the credits to get the premium incentive discount. After your first 12 months, you will follow the same guidelines as all employees and will have until December 31 each year to earn the premium incentive discount for the following calendar year.

The wellness portal is reset to zero credits for all employees each year on December 31 for the start of the new **HealthQuest Rewards** earning period. In your first 12 months as a new member, you may want to earn all of your credits before December 31 or wait until after January 1 to begin earning your credits depending on the date that your benefits become effective.

**The HealthQuest Rewards** earning period is January 1 through December 31 each year. Once you have completed the HealthQuest Rewards requirements, the SEHP will be notified so that the discount can be applied. The timing of the discount will depend upon the payroll and premium billing cycle of your employer.

Please don't forget that the Health Assessment is REQUIRED. By participating in the required Health Assessment, you will receive 10 credits and Plan C members will receive an HRA/HSA contribution of \$100.

Plan A and Plan C Employee and Employee/Children Coverage will earn a \$480 reduction for 2018 and Employee/Spouse and Employee/Family - both the Employee and Spouse can earn a \$240 reduction (\$480 total) for 2018. Plan C members will also earn HRA/HSA dollars per activity (up to \$500 per employee and spouse) to be deposited in 2017.

Please continue to track your completed wellness activities in your HealthQuest wellness portal through December 31, 2017 to receive your full premium reduction (November 9, 2017 for Plan C HRA/HSA contributions). See the reverse of this page for details on setting up your HealthQuest wellness portal account.



